

Catch My Breath

Choreographed by Mark Furnell

Description: 32 count, 2 wall, beginner/intermediate line dance

Music: Catch My Breath by Kelly Clarkson

Start dancing on lyrics

STOMP, HOLD, BALL STEP TOUCH, TURN, TURN, COASTER STEP

- 1-2 Stomp right side, hold
- &3-4 Step left together, step right side, touch left together
- 5-6 Turn $\frac{1}{4}$ left and step left side, turn $\frac{1}{2}$ left and step right back
- 7&8 Left coaster step

STOMP, HOLD, BALL STEP TOUCH, AND TOUCH AND KICK AND TOUCH AND KICK

- 1-2 Stomp right forward, hold
- &3-4 Step left together, step right forward, touch left slightly back
- &5-6 Step left together, cross/touch right over (bend left knee), kick right forward
- &7-8 Step right back, cross/touch left over (bend right knee), kick left forward

COASTER STEP, SHUFFLE, ROCK STEP, SHUFFLE TURN

- 1&2 Left coaster step
- 3&4 Chassé forward right-left-right
- 5-6 Rock left forward, recover to right
- 7&8 Chassé back left-right-left turning $\frac{1}{2}$ left

ROCK TURN, BEHIND SIDE CROSS, ROCK STEP, TRIPLE WHOLE TURN

- 1-2 Step right side, turn $\frac{1}{4}$ left (weight to left)
- 3&4 Behind-side-cross right-left-right
- 5-6 Rock left side, recover to right
- 7&8 Triple in place left-right-left turning a full turn left

REPEAT