SAVE THE HORSE

Choreographed by: Beverly D'Angelo & Johnny Montana (June 2004)

Description: 4 wall intermediate line dance, 32 counts.

Primary music: "Save a Horse, Ride a Cowboy" (Remix) by Big & Rich, 120 BPM, start after 32 count intro or start after 64 count intro on vocals. Remix can be downloaded on iTunes, Walmart or any other internet music provider.

Teach: "Save a Horse, Ride a Cowboy" by Big & Rich,

"Horse of a Different Color" CD, 102 BPM, start after 32 count intro on vocals.

Alternative music suggestion: "Ain't It Funny" by Jennifer Lopez,

"JLo [Original Issue]" CD, 100 BPM, start after 16 count intro on vocals. There is a small slow down section in this song to almost nothing. Keep dancing and you will be into the sailor steps when the music picks up again.

RIGHT MAMBO CROSS (SCISSORS), LEFT MAMBO CROSS (SCISSORS)

1 & 2 Rock out to right side onto right foot, replace weight onto left foot, step forward and across left onto right foot.

3 & 4 Rock out to left side onto left foot, replace weight onto right foot, step forward and across right onto left foot.

STEP/TURN. KICK, COASTER STEP

- 5 & 6 Step forward onto right foot, make a 1/2 turn pivot to left (CCW) (weight is on right), kick,left foot forward.
- 7 & 8 Step back onto left foot, step onto right next to left, step forward onto left foot.

SKATE, SKATE, STEP-LOCK-STEP

- 1, 2 Skate forward right, skate forward left.
- 3&4 Step forward onto right foot, lock left behind right and step, step forward onto right foot.

ROCK, REPLACE, STEP-LOCK-STEP

- 5, 6 Step forward onto left and rock, step back (replace weight) onto right foot.
- 7&8 Step back onto left foot, cross right over left and lock, step back onto left foot.

TURN, SWAY

1,2,3,4 Make a 1/4 turn to right (CW) and step to right side onto right foot swaying hips to right, bend knees and sway hips left, right, left (weight on left foot).

SAILOR STEP. SAILOR STEP

- 5 & 6 Cross right behind left and step, step to left side onto left foot, step to right side onto right foot.
- 7 & 8 Cross left behind right and step, step to right side onto right foot, step to left side onto left foot.

PUMP, TURN/TOUCHES

- &1 Pump right knee across left leg, make a 1/8 turn to left (CCW) and touch right toe to right side.
- &2 Pump right knee across left leg, make a 1/8 turn to left (CCW) and touch right toe to right side.
- &3, Pump right knee across left leg, make a 1/8 turn to left (CCW) and touch right toe to right side.
- 84 Pump right knee across left leg, make a 1/8 turn to left (CCW) and touch right toe to right side.

Note: You are making a total of 1/2 turn to the left.

Option for &1 thru &4:

Make a 1/4 turn on &1, make a 1/4 turn on &2, make a 1/2 turn on &3, make a 1/2 turn on &4 for a total of 1 and 1/2 turns.

Another option for &1 thru &4:

Do a paddle turn. ie. Ball change steps (step onto sole of right foot slightly to right side, replace weight to left foot) making the same 1/8 th turns to left doing a total of 1/2 turn to left.

Additional options for &1 thru &4:

Raise right arm and rotate as if you were swinging a lasso.

COASTER STEP, STOMP-STOMP-STOMP

- 5 & 6 Step back onto right, step back onto left next to right, step forward onto right foot.
- 7 & 8 Moving forward each step stomp left, right, left.

Begin dance again