

Smooth Swing

Choreographed by Vic & Shirley Morris

Description: 46 count, beginner/intermediate east coast swing partner/circle dance

Music: Why Don't We Just Dance, by: Josh Turner, Even If I Tried by Emilio

Position: Man facing OLOD, Lady facing ILOD, Two Hand Hold

Start on lyrics

Man BASIC EAST COAST SWING (ladies opposite footwork)

1&2 3&4 5-6 Triple step to left L,R,L, Triple step to right R,L,R, Rock L back, replace on R

Man CHANGING SIDES (ladies opposite footwork)

1&2 3&4 5-6 Triple forward L,R,L, Turn ½ left and step R,L,R, Rock L back, replace on R(ILOD)

Arms: on counts 1&2 man will pick up lady's right hand & release her left hand & raises over her head

Man SHE GOES, HE GOES

1&2 3&4 Triple forward L,R,L (slightly to allow lady to turn in), Triple turn ½ left and step R,L,R,

5-6 Rock L back, recover R, (facing OLOD)

Lady

1&2 3&4 5-6 Lady starts a ¼ turn left R,L,R, Finish ¼ turn left L,R,L, Rock R back, recover L(RLOD)

Arms: on counts 1&2 lady goes under man's raised left arm, 3&4 man goes under left arm

Man PEEK-A-BOO MOVES

1&2 3-4 Triple step in place L,R,L, Rock to right side on R, recover to L

5&6 7-8 Triple in place R,L,R, Rock L back, recover to R

Lady

1&2 3-4 Triple turn ½ left step R,L,R, Rock L back, recover R (ILOD), Triple turn ½ right step L,R,L

5&6 7-8 Rock R back, recover L (RLOD)

Arms: man raises lady's right hand on 1&2 lady goes under raised arm, 5&6 lady goes under raised arm. On 3-4 man will place his right hand on the lady's left shoulder blade, lady will put her left hand up in air, 7-8 lady's left hand up

Man INTO OPEN PROMENADE

1&2 3&4 5-6 Triple in place L,R,L, Triple in place R,L,R, Rock L back, recover to R turn ¼ left (LOD)

Lady

1&2 3&4 5-6 Turn ½ left step R,L,R, Turn ¼ left step L,R,L, Rock R back, recover L turn ¼ right (LOD)

Arms: 1&2 raise lady's right arm as she goes under your left arm, on 3&4 put your right hand on her shoulder. Lady's left hand will go on his right shoulder, his left hand her right hand will join in front

Man SHUFFLES & WIGGLE WALKS

1&2 3&4 Open promenade shuffle forward L,R,L, Shuffle forward R,L,R

5&6 7-8 Turn ¼ right (facing OLOD) step L to side, cross R over L, step L to side, cross R over L

Lady

1&2 3&4 Open promenade shuffle forward R,L,R, Shuffle forward L,R,L

5&6 7-8 Cross R over L, cross L over R 2x (use your hips)

Arms: his left arm will be out toward OLOD he will move it in, out, in, out to make the lady wiggle & he can also wiggle

Man LADY'S ¾ TURN INTO STARTING POSITION

1&2 3&4 5-6 Triple in place L,R,L, Triple R,L,R (adjusting to the lady), Rock L back, recover R

Lady

1&2 3&4 5-6 Start a ¾ turn right stepping R,L,R, Finish ¾ turn right stepping L,R,L, Rock R back, recover L

Arms: 1&2 raise lady's right arm to allow her to go under your left arm, 3&4 start left arm down & pick up lady's left hand

REPEAT